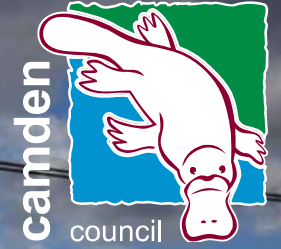


Movable Goalpost Safety Guidelines



MAKE SAFETY YOUR GOAL

Play your part, keeping you safe before, during and after the game.

- Check it
- Secure it
- Test it
- Respect it

What is a movable goalpost?

A movable goalpost is any free standing goal designed to be transported (whether in one piece or after disassembly) both on and off the sports field.

These goals may be either-

1. Full size goals used outdoors for senior soccer games or training;
2. Smaller size goals used outdoors for junior soccer games or training, or at indoor facilities.

Provided the movable goalpost is stable with the necessary safety checks and precautions taken, a safe environment is only a kick away.

Why soccer goal safety?

Australian children and teenagers have been seriously injured and have died after movable soccer goals were installed incorrectly and/or used inappropriately.

Blunt force injuries and trauma to the head, neck, chest and limbs can occur from movable soccer goals due to:

- Instability.
- Goals becoming unanchored.
- Goals with inadequate anchoring.
- Inappropriate or ineffective installation.

- Inappropriate use, such as swinging on goalposts or crossbars.

The hazards associated with movable soccer goals particularly apply to goalposts weighing 28kg or more.

Refer to AS4866.1-2007 for further information.



Camden Council
Movable Goalpost
Safety webpage

Before every soccer game AND before all training sessions

Officials should undertake the following steps before **every** match and before **every** training session. Players, coaches and spectators are encouraged to check that these steps have been carried out.

Four steps to moveable goalpost safety

✓ Check it

Never use goalposts that are homemade.

Check that all goalposts are in good condition and properly constructed. Safety stickers should be present on the crossbar and on both side posts.

Refer to our stability & safety checklist below. If any goalposts fall or move once anchored, do not use them until they have been secured.

✓ Secure it

For safety reasons, moveable goalposts of any size must be anchored securely into the ground.

As a general rule, it takes about 200kg to properly anchor a full size portable soccer goalpost.

As an alternative to anchoring, consider fitting sleeves into the grounds along the goal lines of the field with a request to council, noting that moveable goalposts would require having each upright extended by about 300mm. To use, the uprights would fit into the sleeves to make sure they will not topple over.

Officials should read and take note of Australian Standards AS4866.1-2007 for more comprehensive information.

After use, always remove, store and secure goalposts in a secure area where they cannot cause injury to other field users or obstruct access. Moveable goalposts are not to be left unattended on the field.

✓ Test it

Before use, adults (preferably club officials) should test all moveable goalposts to make sure they're stable.

Again, check there are no children around the goalpost, then shake it by using both hands and pushing from behind the upright.

If you're unsure of the safety of your moveable goalpost, don't use it or let anyone else use it until you have tested them professionally. Camden council and Football NSW can help you organise professional external testers.

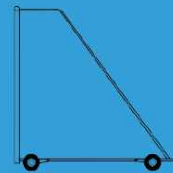
✓ Respect it

Under no circumstances should people be allowed to climb, swing or play on the goalposts. This can be extremely dangerous.

If you see anyone doing this, report them to your club officials **immediately**.

Goals are most dangerous while being moved. Ensure goals are either lifted or wheeled with an adequate number of people. Wheeled goals should be pushed/pulled backwards using the uprights or by lifting the back bar.

push direction



Stability & Safety checklist

Use this checklist to help you determine whether the moveable soccer goals on your field are stable and safe enough for your players to use.

STABILITY	YES	NO
Is your moveable soccer goal on a level surface? If YES, go to the next question. If NO, do not use it until it has been placed on a level surface.		
It takes 200kg to properly anchor a full size portable soccer goalpost.		
Is your moveable soccer goal securely anchored by either 10 stakes, or 12 bags of sand, or 10 bags of cement mix, or another equivalent anchoring method? If YES to any of these, go to the next question. If NO, do not use it until it has been properly anchored.		
After ensuring that your goalpost area is clear of children, vigorously shake the anchored goalpost from the side using both hands. Next, push it forward from behind.		
Did your goalpost move or fall over? If YES, do not use it. Check that the goalpost is on a flat surface and check your anchors again. You may need to add more anchors to secure it. If NO, go to the next question.		
SAFETY		
Are safety signage stickers present on the crossbar and on both side posts? If NO, do not use it until it has been professionally certified. If YES, enjoy your game!		
All portable goals weighing 28kg+ must be affixed with YELLOW WARNING STICKERS alerting of the dangers of playing and climbing on goals and goals tipping over.		

Please note: It is the responsibility of the signatory for this application, to ensure full compliance with these guidelines.

I (print full name)

Representing (name of organisation if applicable)

As hirer of (name of reserve hiring)

I hereby certify that I have read and understand the conditions outlined in the **Movable Goalpost Safety Guidelines**. I also undertake to adhere to these conditions.

Signature

Date

All completed forms to be emailed to recreationofficers@camden.nsw.gov.au



Further information